**CHICKEN** 180 cal | 4 oz  
Responsibly raised, marinated in our chipotle adobo, then grilled.

**BARBACOA** 170 cal | 4 oz  
Responsibly raised beef. Braised for hours, then shredded.

**SOFRITAS** 150 cal | 4 oz  
Organic plant-based protein braised with chipotle chilis, roasted poblanos and a blend of aromatic spices.

**STEAK** 150 cal | 4 oz  
Responsibly raised, marinated in our chipotle adobo, then grilled.

**CARNITAS** 210 cal | 4 oz  
Responsibly raised pork. Braised for hours, then shredded.

**VEGGIE** 230 cal | 4 oz  
Includes our fresh guacamole and your choice of beans.

**WHAT GOES INSIDE**

- **Cilantro-Lime Rice** 210 cal | 4 oz
- **Pinto Beans** 130 cal | 4 oz
- **Black Beans** 130 cal | 4 oz
- **Fajita Veggies** 20 cal | 2.5 oz
- **Chipotle-Honey Vinaigrette** 220 cal | 2 oz
- **Fresh Tomato Salsa** 25 cal | 3.5 oz
- **Roasted Chili-Corn Salsa** 80 cal | 3.5 oz
- **Tomatillo-Green Chili Salsa** 15 cal | 2 oz
- **Tomatillo-Red Chili Salsa** 30 cal | 2 oz
- **Sour Cream** 110 cal | 1 oz
- **Romaine Lettuce** 5 cal | 1 oz
- **Cheese** 110 cal | 1 oz
- **Queso Blanco** 120 cal | 2 oz
- **Guacamole** 230 cal | 4 oz

**SIDES & DRINKS**

- **Chips & Queso Blanco** Regular 780 cal | serves 2 Large 1290 cal | serves 3
- **Chips & Guacamole** Regular 770 cal | serves 2 Large 1270 cal | serves 3
- **Chips & Salsa** 560–620 cal | serves 2
- **Queso Blanco** 240 cal | serves 2
- **Guacamole** 230 cal
- **Chips** 540 cal | serves 2
- **Beer** 110–170 cal
- **Bottled Drinks** 0–280 cal
- **Soda & Iced Tea** Regular 22 fl oz 0–300 cal Large 32 fl oz 0–440 cal
- **Organic Lemonade & Agua Fresca** Regular 22 fl oz 150–200 cal Large 32 fl oz 210–290 cal

**KID’S MENU**

- Build Your Own** 350–810 cal
  Your choice of meat, guacamole, or queso, and two toppings to go with a pair of crispy corn or soft flour tortillas, includes fruit or kid’s chips, and organic juice or milk.

- **Small Cheese Quesadilla** 530–710 cal
  With a side of rice and beans. Includes fruit or kid’s chips, and organic juice or milk. Addition of protein is extra*.

Eat to your own beat: Find meals for your specific diet (lower carb, gluten-free, dairy-free, and more) at chipotle.com/allergens.

Get outta line: Order online at chipotle.com or with our mobile app.

*Check local menu boards for pricing.

Before placing your order, please inform your server if a person in your party has a food allergy.

Nutritional content may vary because of variations in portion size or recipes, changes in growing seasons, or differences in the sources of our ingredients. We may update this chart from time to time. 2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available on reverse side.
**KIDS MENU NUTRITION FACTS**

<table>
<thead>
<tr>
<th>Drink</th>
<th>Portion</th>
<th>Calories</th>
<th>Total Fat (g)</th>
<th>Saturated Fats (g)</th>
<th>Sodium (mg)</th>
<th>Sugar (g)</th>
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**DIFFERENCES**
May vary by location. Serving sizes are approximations only based on menu items that are usually portioned and may vary from order to order.

Nutritional content may vary because of variations in portion size or recipes, changes in growing seasons, or differences in the sources of our ingredients. We may update this chart from time to time. For more nutrition information, please check Chipotle.com.
<table>
<thead>
<tr>
<th>Drink</th>
<th>Size</th>
<th>Calories</th>
<th>Fat (g)</th>
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<th>Sodium (mg)</th>
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**NUTRITION FACTS**

**Per 10 oz**

- Calories: 140
- Total Fat (g): 0
- Saturated Fats (g): 0
- Sodium (mg): 4
- Carbohydrates (g): 0
- Fiber (g): 0

**Per 20 oz**

- Calories: 280
- Total Fat (g): 0
- Saturated Fats (g): 0
- Sodium (mg): 8
- Carbohydrates (g): 0
- Fiber (g): 0

**Per 16 oz**

- Calories: 220
- Total Fat (g): 0
- Saturated Fats (g): 0
- Sodium (mg): 5
- Carbohydrates (g): 0
- Fiber (g): 0

**Per 4 oz**

- Calories: 55
- Total Fat (g): 0
- Saturated Fats (g): 0
- Sodium (mg): 1
- Carbohydrates (g): 0
- Fiber (g): 0

**Per 1 oz**

- Calories: 11
- Total Fat (g): 0
- Saturated Fats (g): 0
- Sodium (mg): 0
- Carbohydrates (g): 0
- Fiber (g): 0

**Per 2.5 oz**

- Calories: 27
- Total Fat (g): 0
- Saturated Fats (g): 0
- Sodium (mg): 1
- Carbohydrates (g): 0
- Fiber (g): 0

**Per 1 fl oz**

- Calories: 5
- Total Fat (g): 0
- Saturated Fats (g): 0
- Sodium (mg): 1
- Carbohydrates (g): 0
- Fiber (g): 0

**Per 2 fl oz**

- Calories: 10
- Total Fat (g): 0
- Saturated Fats (g): 0
- Sodium (mg): 2
- Carbohydrates (g): 0
- Fiber (g): 0

**Per 2 oz**

- Calories: 20
- Total Fat (g): 0
- Saturated Fats (g): 0
- Sodium (mg): 3
- Carbohydrates (g): 0
- Fiber (g): 0

**Per 3 oz**

- Calories: 30
- Total Fat (g): 0
- Saturated Fats (g): 0
- Sodium (mg): 4
- Carbohydrates (g): 0
- Fiber (g): 0

**Per 4 oz**

- Calories: 40
- Total Fat (g): 0
- Saturated Fats (g): 0
- Sodium (mg): 5
- Carbohydrates (g): 0
- Fiber (g): 0

**Per 0.5 oz**

- Calories: 5
- Total Fat (g): 0
- Saturated Fats (g): 0
- Sodium (mg): 1
- Carbohydrates (g): 0
- Fiber (g): 0